

Contours of a Country: Honduras			Oct 2014		
Date	Start	End	Dist (km)	Climb (m)	Desc (m)
06/10/2014	Nic'gua-Honduras border	Nacaome	96.75	502	480
07/10/2014	Nacaome	Hon's-El Salvador border	35.16	260	251
			<b>131.91</b>	<b>762</b>	<b>731</b>