

Contours of a Country: Peru			Feb-May 2014		
Date	Start	End	Dist (km)	Climb (m)	Desc (m)
16/02/2014	Chile-Peru border	Tacna	37.75	482	8
17/02/2014	Tacna	Boca del Río	59.47	29	606
18/02/2014	Boca del Río	Ilo	96.84	916	895
19/02/2014	Ilo	Punta de Bombón	96.78	956	955
21/02/2014	Punta de Bombón	San José	92.23	1,578	130
22/02/2014	San José	Arequipa	48.21	1,265	384
28/02/2014	Arequipa	Yanque	Bus (Reyna) & mototaxi		
01/03/2014	Yanque	Cabanaconde	Bus (Reyna) & walk		
03/03/2014	Cabanaconde	Arequipa	Bus (Milagros)		
07/03/2014	Arequipa	Lima	Plane (Peruvian)		
11/03/2014	Lima	Arequipa	Plane (Peruvian)		
12/03/2014	In & around Arequipa (to bus station)		3.75	5	63
	Arequipa	La Paz (Bolivia)	Bus (Ormeño)		
25/03/2014	Bolivia-Peru border	Ilave	79.83	389	388
26/03/2014	Ilave	Puno	54.65	131	147
28/03/2014	Puno	Lampa	79.40	294	253
29/03/2014	Lampa	Ayaviri	75.76	401	360
30/03/2014	Ayaviri	Sicuaní	109.87	512	869
31/03/2014	Sicuaní	Cusco	138.77	894	1,012
06/04/2014	Cusco	Huarocondo	40.94	377	674
07/04/2014	Huarocondo to Maras & back		49.81	644	644
08/04/2014	Huarocondo	Ollantaytambo	26.32	133	612
12/04/2014	Ollantaytambo	Pisac	58.02	310	182
13/04/2014	Pisac	Cusco	29.79	848	349
14/04/2014	In & around Cusco (to bus station)		3.09	13	117
	Cusco	Ayacucho	Bus (Los Chankas)		
15/04/2014	In & around Ayacucho (from bus station)		3.44	3	68
17/04/2014	Ayacucho	Mayoc	72.14	858	1,369
18/04/2014	Mayoc	Izcuchaca	118.17	1,832	1,155
19/04/2014	Izcuchaca	Huancayo	68.28	1,149	788
21/04/2014	Huancayo	La Florida	113.74	1,031	1,313
24/04/2014	La Florida to Tarma & back		13.10	83	83
25/04/2014	La Florida	San Ramón	56.36	17	2,086
	San Ramón	Pampa Hermosa Lodge	Hotel shuttle		
28/04/2014	Pampa Hermosa Lodge	San Ramón	Hotel shuttle		
	San Ramón	San Luís de Shuaro	34.90	161	299
29/04/2014	San Luís de Shuaro	Oxapampa	52.43	1,284	185
30/04/2014	Oxapampa loop via Chontabamba		14.80	56	56
01/05/2014	Oxapampa	La Merced	75.60	314	1,395
	La Merced	La Florida	Bus (Edatur)		
02/05/2014	La Florida loop via Muruhuay & Tarma		23.22	217	217
03/05/2014	La Florida	Junín	71.35	1,478	331
04/05/2014	Junín	Cerro de Pasco	82.83	672	441
05/05/2014	Cerro de Pasco	Huánuco	119.91	221	2,669
07/05/2014	Huánuco	Chavinillo	71.77	2,124	549
08/05/2014	Chavinillo	La Unión	65.10	776	1,030
09/05/2014	La Unión	Huallanca	20.77	369	53
10/05/2014	Huallanca	Huaraz	124.42	1,706	2,167
14/05/2014	Huaraz	Parque Nac Huascarán	57.59	1,106	582
15/05/2014	Parque Nac Huascarán	Chacas	59.47	1,342	1,593
16/05/2014	Chacas	Yanama	50.75	1,371	1,336
	Yanama	P'chuelo de Llanganuco	Bus (Sol de Oro)		
17/05/2014	P'chuelo de Llanganuco	Yungay	46.07	33	2,240
	Yungay	Huaraz	Bus (Turístico)		
	In & around Huaraz (from bus station)		1.57	34	2
19/05/2014	Huaraz	Caraz	70.98	338	1,199
21/05/2014	Caraz	Chuquicara	107.69	402	2,141
22/05/2014	Chuquicara	Trujillo	138.12	753	1,227

	In & around Trujillo (to bus station)		3.24	0	27
24/05/2014	Trujillo	Piura		Bus (Línea)	
	In & around Piura (from bus station)		0.93	4	2
26/05/2014	Piura	Las Lomas	115.16	556	385
27/05/2014	Las Lomas	Peru-Ecuador border	51.55	614	458
			3,086.73	31,081	36,094